

# **Gymnastics**

Name:		Date:	
Accuracy Rate 9	%:	SC Rate 1:	
Check One	Independent (98-100%)	Instructional (95-97%)	Hard (90-94%)

Count PAGE Е SC Do you like to jump, somersault, 4 and stand on your head? Maybe gymnastics is the sport for you. Gymnastics is an exciting sport that can make you strong and healthy. Athletes who are gymnasts must be strong, 6 fit, and agile and have a good sense of balance. To get ready to do gymnastics, gymnasts do a lot of running, jumping, and tumbling. In gymnastics, there are some events



		Co	unt
PAGE		E	SC
	that both boys and girls compete in,		
	and there are some events that are		
	only for boys or that are only for girls.		
8	Female gymnasts need a lot of strength		
	and <b>flexibility</b> to do <b>routines</b> on the uneven		
	parallel bars. The gymnasts do swings, circles,		
	and handstands while competing		
	on the uneven bars.		
9	Male gymnasts must be very strong		
	to compete on the high bars.		
	They swing around the bar,		
	twist, and change direction.		
	At the end, they will do flips		
	or somersaults in the air		
	before landing on the floor.		
	This is called a dismount.		



# 1. ACCURACY RATE

#### Directions:

Count the number of errors that are not self-corrected. Circle the percentage of accuracy based on the number of errors. If the student's score falls in the shaded area (Hard), STOP! Reassess with a lower-level text.

	INDEPENDE	NT		INSTRUCTIO	ONAL		HARD
Number of Errors	0	1-2	3–4	5	6–7	8–9	10 or more
Percentage of Accuracy	100%	99%	98%	97%	96%	95%	94% or less

#### 2. RATE FLUENCY

Directions:

While the overall sound of the student's reading is fresh in your mind, use the Fluency Rubric to determine the student's reading fluency rating.

## 3. ASSESS COMPREHENSION

Directions:

Since students have read the entire book during their small-group lesson, you will be assessing their understanding of the whole book here. Start a conversation about the text by saying, Talk about what happened in this book. Circle key understandings. Use prompts as needed to encourage students to talk about the text. It is not necessary to use every prompt. Score for evidence of all understandings that are expressed with or without the prompt. Using the comprehension rubric, circle the number in the score column that reflects the level of understanding demonstrated.

## FLUENCY RUBRIC

Word-by-word reading No expression	1
Slow reading with a mix of word-by-word and phrased reading Some expression	2
Mostly phrased reading with a moderate pace Mostly appropriate expression	3
Smooth and fast-paced reading Consistent, appropriate expression	4

KEY UNDERSTANDINGS	PROMPTS	SCORE
ATTEND AND REMEMBER		
Gymnasts jump, somersault, and stand on their heads. They need to be strong and agile and have a good sense of balance. A gymnast can participate in bars, vault, balance beam, rings, pommel horse, and floor exercise. ( <b>Key Details</b> )	What are some things that all gymnasts need to be good at? What is one thing all gymnasts need to do gymnastics? What are some of the different events that a gymnast can participate in?	0123
CONNECT AND INFER		
By warming up and stretching before doing gymnastics, a gymnast can prevent injuries.	How can a gymnast prevent injuries?	0123
Flexibility means able to bend. (Vocabulary)	Female gymnasts need a lot of strength and flexibility. What does it mean to have flexibility?	0123
Swinging from bars requires a lot of strength. (Accept all answers that make sense.) ( <b>Infer</b> )	Why do gymnasts need to be strong?	
ANALYZE AND EVALUATE		
Yes/no, because (Accept any answer that makes sense.) ( <b>Evaluate</b> )	Would gymnastics be a good sport for you? Why or why not?	
Both boys and girls do the bar event; however, the girls use the uneven parallel bars to allow for swinging and circling between the bars. Boys use a single high bar to swing, flip, turn, and do handstands on the bar. ( <b>Analyze</b> )	How is the bar event different for boys and girls? Why do you think there is a difference?	0123
(Note any additional understandings.)	S • 2024 • LITERACYFOOTPRINTS.COM	

	COMPREHENSION NONFICTION RUBRIC – TRANSITIONAL	
ATTEND AND REMEMBER		Score
	Does not communicate any important ideas and information explicit in the text.	0
	Communicates only a few (1–3) important ideas and information explicit in the text.	1
	Communicates some important ideas and information explicit in the text.	2
	Communicates most of the important ideas and information explicit in the text.	3
CONNECT AND INFER	Shows no understanding of the message or deeper meaning of the text.	0
	Shows limited understanding of the message or deeper meaning of the text.	1
	Shows some understanding of the message or deeper meaning of the text.	2
	Shows complete understanding of the message and meaning of the text.	3
ANALYZE AND EVALUATE	Shows no analysis or evaluation of the text.	0
	Shows limited analysis or evaluation of the text.	1
	Shows some analysis or evaluation of the text.	2
	Demonstrates the ability to analyze and evaluate the text.	3
	Total Comprehension Score:	

COMPREHENSION SCORING		
8–9	Proficient	
6–7	Approaching Proficiency	
4–5	Limited Proficiency	
3	Not Proficient	

