

Jack's favorite thing to do first thing in the morning was to run on the treadmill at the gym. It was good for his health. He ran until his head and face were dripping with sweat.

When he was done, he wiped the sweat off his head. Then he went home and made some breakfast. He toasted some bread. When it was ready, he spread some jam on the toast. While he ate, he read the newspaper.

Then with some dread, he saw he was late for work. Instead of riding his bike, he must drive to get to work faster. He had a lot to do at work. Today he must use thread to put one hundred feathers on a sweater for a wealthy customer.

He put the last feather on the sweater. It looked beautiful. He went home and sat on the porch. It had been a busy but pleasant day.



